

**Kentucky Group Health Insurance Board**  
**MINUTES**  
Personnel Cabinet  
Frankfort, KY 40601  
**Regular Monthly Meeting**  
**Held on June 26, 2018**

**Board Members:**

Administrative Office of the Courts	John Scott, Proxy for Laurie Dudgeon
Advisory Committee for State Health Insurance Subscribers	Tommy Loving, Vice Chairperson
Auditor of Public Accounts	Sara Beth Gregory, proxy for Mike Harmon
Department of Education	Kathy Jennings, proxy for Dr. Wayne Lewis
Department of Insurance	Claude Putnam, proxy for Nancy Atkins
Finance and Administration Cabinet	Troy Robinson, proxy for William Landrum
Kentucky Education Association	Antonia Lindauer, proxy for Brent McKim
Kentucky Education Support Professionals Association	Janet Allen
Kentucky Retirement Systems	Jerry Powell
Kentucky Transportation Employees Association	Absent
Office of State Budget Director	Teresa Sanders, proxy for John Chilton
Personnel Cabinet	Jenny Goins, proxy for Thomas Stephens
Teachers' Retirement System	Steve Gillespie

**(Quorum Present)**

**Support Staff Present:**

Jenny Goins, Commissioner, DEI  
Sharron Burton, General Counsel, DEI  
Jennifer Alvis, Staff Assistant, DEI  
Jessie Drury, Special Assistant, DEI  
Twany Beckham, Wellness Director, DEI

**Vendor Staff Present:**

Sonny Jones, Anthem  
Janice Mitro, Anthem  
Kristin Shramovich, Anthem  
Sharon Boose, Anthem  
Pat Philpot, Anthem

**I. CALL TO ORDER**

Tommy Loving called the June 2018 meeting of the Kentucky Group Health Insurance Board (KGHIB) to order at 2:00 p.m., Eastern Standard Time on June 26, 2018, at the Kentucky State Office Building, Frankfort, Kentucky. The recording secretary called roll.

Commissioner Goins thanked John Scott for his service to the KGHIB as proxy for the Administrative Office of the Courts. This is his last meeting. She also welcomed Jerry Powell as the new board member representing the Kentucky Retirement System.

## **II. REVIEW AND APPROVAL OF MINUTES**

Tommy Loving presented the minutes from the May 2018 meeting to the Board for approval, whereupon motion duly made, seconded and unanimously adopted, the minutes were approved as submitted at the June board meeting.

## **III. KEHP UPDATE**

Commissioner Jenny Goins updated the board on the following:

- The KEHP Wellness team shared Diabetes Prevention Program and Diabetes Value Benefit results with local business HR leaders in Lexington at the June Bluegrass SHRM meeting.
- The Dependent Eligibility Audit is wrapping up in next month:
  - As of June 25, 2018, we have 84.9% of dependents verified and 75.5% of Waiver General Purpose HRA members verified.
  - June 19, 2018 was the publicized deadline; silent grace period through July 12.
  - Alight will notify us on July 23, 2018 of all dependents not verified and KEHP will drop coverage of those unverified dependents.
  - Alight will handle member appeals from July 13 to September 11; after that, all appeals will come to DEI and we will review until Oct. 7.
- 2019 Open Enrollment:
  - Open Enrollment dates are October 8 – 26.
  - Based on the budget and 2018 performance to date, we are planning for no employee premium increases for 2019, except for a small increase to the LivingWell CDHP Couple and Family levels of \$8 and \$10 respectfully; employer rates will remain the same as 2018.
  - We are moving forward with the requirement that all plan holders must complete the LivingWell Promise; to date we are tracking slightly behind last year's completion, but still expect to have 94% completion.
- Go365 is hosting the annual Champions Summit during the summer:
  - Twany Beckham joined the team two days last week in Madisonville and Bowling Green and Matt Hall is with them today in Owsley County.
  - The champions learn about Go365 and a variety of wellness initiatives they can implement in their organizations, as well as information on the free to low-cost programs offered by the Health Plan.
  - We have additional sessions scheduled in Pikeville, Oldham County, Florence, Frankfort, Rowan County and Lexington. Twany Beckham and Jen Alvis will attend.
- LivingWell Health Clinics operated by Premise:
  - The Louisville clinic is set to open the end of July for CHFS employees.

- DEI is working with the Finance Cabinet to score responses from the Dental/Vision RFP to provide these optional benefits to active employees.

#### IV. Anthem Presentation

Janice Mitro presented information regarding LiveHealth Online - Behavioral Health:

- Mental health illnesses are common and expensive conditions:
  - Mental health conditions cost employers more than \$100 billion and 217 million lost workdays each year.
- LiveHealth Online benefits include:
  - Video visits with in-network licensed Psychologists, Therapists, and board certified Psychiatrists.
  - Similar to the cost of an office therapy visit.
  - Self-scheduled appointments, seven days a week.
  - Access via smart phone, tablet or computer.
  - Shorter wait times for available appointments. The average wait time for a Psychiatry appointment is 14 days or less and 4 days or less for a Psychology appointment.
  - Commonly treated behavioral health conditions include:
    - Stress
    - Anxiety
    - Depression
    - Relationship troubles
    - Parenting issues
    - Grief
    - Panic attacks
    - Coping with an illness
    - Bipolar Disorder
    - Obsessive Compulsive Disorder
    - Post-Traumatic Stress Disorder

#### V. OLD / NEW BUSINESS

There being no further business, Tommy Loving adjourned the meeting at 2:46 p.m., Eastern Standard Time. The next KGHIB meeting is Tuesday, July 24, 2018. The meeting will be at the Kentucky State Office Building, 501 High Street, in Frankfort, Kentucky.

Submitted by:

  
Jessie Drury  
Recording Secretary

Chaired by:

  
Tommy Loving  
Vice Chairperson

